

Reward Charts — my plan

STEP 1



Choose one goal

Agree a small, meaningful action together.



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STEP 2



Make it achievable

Use a few clear spaces and a picture if helpful.



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STEP 3



Notice effort now

Give the mark or praise straight away.



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STEP 4



Choose the motivator

Use an activity, connection or interest—not basic care.



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STEP 5



Keep earned marks

Never take points away or move the child backwards.



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STEP 6



Review together

Pause, change or stop if the chart is not helping.



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